



Philippine Skating Union

The official governing body of figure and speed skating in the Philippines

Communication No. 004

Philippine Skating Union (PHSU) Skating Skills and Free Program Testing Decorum

Purpose:

To ensure a respectful, organized, and fair environment for all skaters, coaches, judges, and volunteers during test sessions.

GENERAL EXPECTATIONS:

1. Respect for Judges and Officials

- Judges' decisions are final and must be respected at all times.
- Skaters, coaches, and parents must refrain from approaching judges unless invited to do so.
- Silence and attentiveness are expected during test evaluations.

2. Dress Code

- Skaters must wear clean, appropriate skating costume/ attire.
- Hair should be neatly styled and away from the face.
- Gloves are optional but should be clean and in good condition.

3. Warm-Up Conduct (Free Program)

- Arrive at least 45 minutes before the scheduled warm-up time.
- Be mindful of other skaters; no choreography run-throughs that disrupt traffic flow.
- Use the warm-up for practice only—no music or full program unless directed by the test conductor.

4. Music Protocol (Free Program Tests)

- Submit music in the required format (USB/CD/approved digital upload).
- Have a backup copy available.
- Announce music before the test begins if required.

5. Behavior on and off the Ice

- No yelling, swearing, or unsportsmanlike behavior.
- Positive encouragement is welcomed; disruptive cheering is not.
- Refrain from gossip or negative commentary regarding any skater or judge.

6. During the Test

- Skaters must wait quietly at the rink barrier or designated holding area until called.
- After the test, acknowledge the judges with a simple thank-you nod or gesture.
- Leave the ice promptly after finishing.

7. Coach Conduct

- Coaches must remain in designated areas.
- No coaching or signaling from the boards during the test.
- Encourage skaters to be respectful and calm throughout the session.

8. Parent and Spectator Guidelines

- Remain in designated viewing areas.
- Flash photography and video recording may be restricted— please check with organizers.
- Maintain silence during each skater's test.

REMINDERS:

- Skating tests are part of athlete development and should be approached with professionalism.
- Mistakes are part of the learning process—respect every skater's efforts.
- All participants are responsible for upholding the dignity of the sport.

May 29, 2025

Dyan C. Cheng, President

Franklin Masayon, PHSU Technical Committee Chair